

TogetheriCan

16

January

OFF THE GRID OR TOGETHER I CAN

When I hear the term “off the grid,” it makes me think of a recluse, isolationism, a place where no one can find them, staying in hiding where I'm not working and not associating with others. Leave me alone, I can do it by myself.

Many individuals are isolated and alone, even when in a crowd. They feel something dreadful will happen if they expose themselves.

Many individuals work with the conception that if no one can find me I will not be held accountable. It could also mean if no one can find me I'll never be hurt.

Does “off the grid” mean that even God can't find me?

Alone! It only happens in the mind. We cannot exist without others, just as others cannot exist without us.

Aloneness – It is the opposite of "Together i Can."

Michael McCright

Free Health Coaching – provided by the "Together i Can Group"

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